

# EUCALYPTUS ELIXIR

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## INGREDIENTS

This is adapted from a formula I found in Hiss and Ebert's International Formulary published in 1909 for loosening bronchial congestion.

30 grams eucalyptus leaves  
15 grams licorice root  
15 grams wild cherry bark  
5 oz simple syrup or honey  
1 tbsp of orange blossom water

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## PREPARATION

### STEP ONE

Grind the first three ingredients and cold percolate with 50% alcohol (alternatively you could make a tincture) until you have two cups final product.

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### STEP TWO

Mix this solution with the simple syrup or honey.

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### STEP THREE

Add 1 tbsp orange blossom water.

