

	First	Second	Third	Fourth
<i>Hot</i>	<p>Chauliac: Natural heat</p> <p>Lanfrank: That is of a kindly heat that is in our body.</p> <p>Turner: Increase the natural heat that comes after digestion.</p> <p>Salmon: Aid concoction of humors and food. External: opened pores of skin.</p> <p><i>Aloes wood, Chamomile, Coriander seeds, Fenugreek, Smallage, Wormwood</i></p>	<p>Chauliac- Heat that is gently opening.</p> <p>Turner: Makes humors subtle or fine. Opening of inner channels of elimination.</p> <p>Salmon: Open obstructions, by cutting through tough humors.</p> <p><i>Agrimony, Briony, Cinnamon, Dill, Frankincense, Lovage, Parsley, Mastic, Mugwort, Saffron, Sage, Smallage, Hops (T) Horehound (C) Salt</i></p>	<p>Chauliac: Heat that is strongly opening.</p> <p>Turner: A heat that draws and breaks up congealed humor. Heat a man very much and provoke thirst.</p> <p>Salmon: Provoke sweat or perspiration. Cut tough humours. Plague preventatives, antidotes.</p> <p><i>Angelica roots, Anise, Betony, Cloves, Cumin, Galangal, Hyssop, Elecampane, Feverfew, Fennel, Lavender, Mint (S) Mustard Seed (C)</i></p>	<p>Chauliac- Burning some with drawing.</p> <p>Lanfrank: “Unkindly heat that destroyeth the body openly.”</p> <p>Turner: “Raise up blisters.” Burne and pull of the skin inward.</p> <p>Salmon: Expel Wind, Burning</p> <p><i>Garlick, Gentian, Ginger, Onions, Leeks, Pellitory of Spain.</i></p>
<i>Cold</i>	<p>Chauliac: Protect natural coolness.</p> <p>Turner: Natural heat</p> <p>Salmon: Alters the heat of the stomach to aid digestion. Refresh the spirits.</p> <p><i>Rose, Vinegar, Violet, Vervain, Willow (G), Yarrow (S) Lesser Cold Seeds</i></p>	<p>Chauliac: Create coolness.</p> <p>Turner: Dull or diminish heat by making humors thick or grosse</p> <p>Salmon: Abate inflammation</p> <p><i>Chickweed, Endive Willow (C), Plantain, Rubus, Tansy Greater Cold Seeds</i></p>	<p>Chauliac: Closing</p> <p>Turner: “Shutting up the inward passages and the pores”</p> <p>Salmon: “Repercussive” Stops defluxion Repress perspiration and keep the spirits from fainting.</p> <p><i>Barberry, Corn Poppies Houseleek, Mandrake, Henbane seeds, Nightshade leaves</i></p>	<p>Chauliac: So cold that they put people to sleep.</p> <p>Turner: Freeze and congeal humors. Overdose can kill.</p> <p>Salmon: Stupefy... for extreme pain.</p> <p><i>Belladonna, Poppy juyce, Henbane juyce and roots, Thorn apple</i></p>
<i>Moist</i>	<p>Chauliac: Protect natural moisture.</p> <p>Turner: Assuage and make slippery</p> <p>Salmon: Eases coughs and helps the roughness of the windpipe.</p> <p><i>Violet (C) Brank Ursine,</i></p>	<p>Chauliac: Create moisture.</p> <p>Turner: Loosen and make the strength of the inward parts feebler.</p> <p>Salmon: Loosen the belly.</p> <p><i>Purslane, Lettuce, Violet (S)</i></p>	<p>Chauliac: Venomous things that rot the body.</p> <p>Salmon: Make the whole body watery and phlegmatic filling it with dropsies, lethargies, and such like diseases.</p> <p><i>Chickweed, Gourds, Melon, Pumpkin (S), Cucumbers</i></p>	<p>More of the same from all to avoid overuse.</p> <p><i>Meats, Distillates from Cold and Moist Foods</i></p>
<i>Dry</i>	<p>Turner: Make the body stronger and wits fresher.</p> <p>Salmon: Strengthen</p> <p>Strengthening through toning tissue.</p> <p><i>Acacia, Chamomile, Fenugreek, Frankincense, Rubus spp., Vervain</i></p>	<p>Turner: Bind together and stop the passage of humors.</p> <p>Salmon: Bind</p> <p>Strengthening through binding or astringing.</p> <p><i>Agrimony, Aloes wood, Anise, Centaury, Cinnamon, Cumin, Fennel, Mastic, Plantain Saffron, Sage, Tansy Wormwood, Willow, Salt</i></p>	<p>Chauliac: Those at the end of the third degree may burn and have drawing.</p> <p>Salmon: Stop fluxes but spoil nourishment and bring consumptions.</p> <p><i>Angelica, Barberries, Betony, Cloves, Hyssop, Gentian, Maddar, Mustard Seed, Sumac, Vinegar, Horehound (C)</i></p>	<p>Chauliac: All things dry in the fourth degree are burning. Cauterizing</p> <p>Salmon: Dry up vital moisture the body will perish with overuse.</p> <p><i>Garlic, Poppy, Pepper, Rue, B&W Hellebores, Cresses, Leeks, Onions</i></p>

The chart above was compiled using several sources including C- *The Cyrurgie of Guy de Chauliac* (1363) L- Lanfrank’s *Science of Cirurgie* (1396), T- William Turner’s *Herbal* (1568), and S=William Salmon’s *Doron Medicum* (1683).

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